

ALTRUSA



International, Inc. of Orlando~Winter Park
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KEYNOTES

November 2005

“The Future belongs to those who believe in the beauty of their dreams” Eleanor Roosevelt



President's Corner:

Dear Altrusa Sisters:

As I prepare for the upcoming work week, I am reflecting on what a wonderful gift the four-day holiday is. The extra days off gave me time to enjoy family, spend time shopping, cleaning, worshipping and still time for quiet moments of meditation. I think of all the many blessings that I have and how lucky I am to live in America where we have the freedom to live as we choose and to enjoy so many luxuries.

I also think of our soldiers stationed around the globe who are not enjoying these amenities but are fighting so that we and others can continue to live as we do. I know it must be hard to be away from loved ones and family, especially during the holiday season. I received this message from a lady in my church and would like to share the prayer with you during this special holiday season.

Lord, hold our troops in your loving hands.

Protect them as they protect us.

Bless them and their families for
the selfless acts they perform for us in our time of need. I ask this in the name of Jesus, our Lord and Saviour. Amen.

When you receive this, please stop for a moment and say a prayer for our servicemen and women all

around the world. There is nothing attached, but this can be very powerful.

Of all the gifts you could give a Soldier, prayer is the very best one.

Thank you and God Bless you!

Sincerely,

Anita

Table of Contents:

President's Corner:	1
Altrusa Orlando-Winter Park News:	2
Stein Mart Night:	2
December Birthdays:	2
Train Station Christmas Decorating:	2
Committee Reports:	3
Altrusa Accent:	3
Minutes from November Meeting:	4
Operating Budget:.....	5
Project Budget:	6

Calendar of Upcoming Events:

November 21, 2005- Altrusa Board Meeting held at McDonald's Bistro on Orange Ave. 7:30pm

December 3, 2005- Altrusa Christmas Party for BETA & STEPS, at BETA House on Lake Underhill Drive from Noon to 3pm.

January 4, 2005- Altrusa General Meeting at Steak and Ale Restaurant, corner of Semoran Blvd. And E. Colonial Drive, 6pm. Celebrating Altrusa's Birthday,

Altrusa Orlando-Winter Park News:

Nov. 's meeting was held at the Elk's Lodge for the last time. The membership have chosen to move the future meetings to the Steak and Ale Restaurant on East Colonial Drive beginning in January. All agreed due to the problems of parking and decline in quality of the dinners, the new choice will be a welcome one.



New member Chris Gennaro is being pinned by sponsor Linda Blake

The meeting was filled with information of the events of members who participated in keeping journals for the children at Great Oaks Village and shared their flat cats with those at the meeting. Linda Blake shared the results of all the hard work and generosity of our members that contributed towards the raffle and refreshments tables of Stein Mart Fund Raising event of November 6th. The next big event will be the Christmas Party at BETA House for those at BETA and STEPS. Refreshments and decorating of a Christmas Tree along with singing of Christmas songs are planned for the afternoon of December 3rd.

Stein Mart Night:

The Community Services Committee was the envy of all the other organizations participating at the



event. The raffle table over flowed with wonderful gift baskets and water color

KEYNOTES

painting of our very own Altursan Jane Van Bemdon.

Our refreshment table was a real success with the chocolate fountain and assorted fruits for dipping not to mention the other wonderful items to indulge in.



Our Pat Tobin was our gracious model of the fashion show in her fabulous Christmas Red

December Birthdays:



Allie Myers	3	
Betsy Sushinsky		9
Suzanne Weinstein	9	
Carol Phifer	11	
Carol Thomas	11	
Sharon Blake	14	
Lisa Daniel Wentz	18	
Kim Strome	23	
Doug Adams	26	
Barbara Brown	31	
Chris Gennaro	31	
Elizabeth Finley		31

Train Station Christmas Decorating:

Due to an error on my part the Christmas Decorating of the Orlando Amtrak Train Station had to be rescheduled for Wednesday evening November 30th. The decorating will begin at 6:30pm. I promise.... If you can bring a wrapped gift box for under the tree it would be just another way to spruce up the decorations for this year. Thanks for your patience. Carol Thomas.....

Committee Reports:



Literacy Committee -

The Literacy Committee was very pleased to see several of our members bring to the general meeting their visiting flat cats. Their journals will include the attending of an Altrusan meeting. Our President Anita Hope is showing off her flat cat at the podium.



Thanks Anita.

The Literacy Committee is happy to report the results of our Yard Sale on November 19th was \$300.00 for the purchasing of book cases for the PACE Center for Girls. We are researching the best deals on locating book cases, or building book cases. The committee is open to any suggestions or information on the subject.

Many thanks go to our members that were so generous in donating such great items for the sale.



Community Services -

Linda Blake and Jean Campbell would like to send a thank you out to everyone for participating in the Stein Mart event. A full report of the results of ticket and raffles sales

KEYNOTES

will be announced at the next general meeting in January.

Now is the next big event that the Community Services Committee is gearing up for.

The Christmas Party

For

BETA & STEPS

To be held at BETA House located on Lake Underhill beginning at Noon.

The Committee is asking that members that are planning on attending, to RSVP Linda Blake by email and include what choice of refreshment you are planning to bring. The choices are:

Caffeine Free Drinks, water
Cookies, Brownies, Desserts
Appetizers

There will be Pizza delivered as well, so it is very important that you RSVP as soon as possible so she can have an accurate head count.

Please remember to bring ornaments or decorations for the tree trimming portion of the event.



Vocational Services –

No report from the Committee at this time.

Altrusa Accent:

SISTERS

A young wife sat on a sofa on a hot humid day, drinking iced tea and visiting with her Mother. As they talked about life, about marriage, about responsibilities of life and the obligations of adulthood, the mother clinked the ice cubes in her glass thoughtfully and turned a clear, sober glance upon her daughter. “Don’t forget your sisters,” she

4

advised. Swirling the tea leaves to the bottom of her glass, "It'll be more important as you get older." No matter how much you love your husband, no matter how much you love the children you may have, you are still going to need sisters. Remember to go places with them now and then; do things with them and remember that "Sisters" also means your girlfriends, your daughters, and other women relatives too. You'll need other women. Women always do.

What a funny piece of advice the young woman thought.

But she listened to her Mother. She kept contact with her Sisters and made more women friends each year. As the years tumbled by, one after another, she gradually came to understand that her Mom really knew what she was talking about. As time and nature work their changes and their mysteries upon a woman, Sisters are the mainstays of her life. After almost 50 years of living in this world, here is what I've learned:

Times passes.

Life happens.

Distance separates.

Children grow up.

Love waxes and wanes.

Hearts break.

Careers end.

Jobs come and go.

Parents die

Colleagues forget favors.

Men don't call when they say they will.

My mother, sister, sister-in-laws, and "girlfriends", bless my life!

The world wouldn't be the same without them, and neither would I.

When we began this adventure called womanhood, we had no idea of the incredible joys or sorrows that lay ahead.

Nor did we know how much we would need each other. Every day, we need each other still.

Pass this on to the women who help make your

KEYNOTES

life work.

I just did.

Minutes from November Meeting:

Minutes were not available for the publishing of this newsletter. Once available will be sent on a separate email.

Operating Budget:

Expense	Operating Budget
Expenses-Fixed	
International Dues 54 x \$45	2,430.00
District Dues 54 x \$20	1,080.00
International Processing Fees 10 x \$10	100.00
International Convention Fee	20.00
District Conference Fee	60.00
Total Fixed Expenses	3,690.00
Expenses-Operating	
Brochure	0.00
President-Office Expenses	50.00
Committee Chair	50.00
Year Book (Printing and Postage)	200.00
Club Newsletter (Printing and Postage)	25.00
Supplies (Stationery, Pins, Kits, etc.) 15 x \$19	200.00
Mailings (Postage)	25.00
Press & Public Relations	220.00
Membership Development (Parade, etc.)	200.00
President Gift	50.00
*Delegate(s)-International Convention	1,100.00
Delegate(s)-District Conference	2,100.00
2006 Conference/expenses	50.00
Representative-District Workshop	100.00
Miscellaneous	100.00
Bereavement/Sunshine	100.00
Conference Gift	50.00
Department of State Filing Fee	65.00
Dinner (28 x \$21 x 11)	1,920.00
Post Office Box	50.00
President Pin	170.00

Safe Deposit Box	50.00
Web Page	275.00
Total Operation Expenses	7,150.00
Total Expenses	10,840.00
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*Funds placed in convention reserve for International Delegate fees/expenses (accumulated over a two-year period).	

Project Budget:

EXPENSES	Project Budget
<i>Community Service Committee</i>	
Holiday Party for BETA/STEPS	300.00
Dinner for Speakers	40.00
Total For Community Service	340.00
<i>Eleanor J. Matthews Dinner</i>	150.00
	150.00
<i>Literacy Committee</i>	
Dinners for Speakers	40.00
Total for Literacy Committee	40.00
<i>Vocational Services Committee</i>	
Dinners for Speakers	40.00
Total for Vocational Services Committee	40.00
Total Expenses	570.00