

ALTRUSA



International, Inc. of Orlando~Winter Park
Post Office Box 2972 ~ Winter Park, Florida 32790
www.altrusa-orlando.org www.districtthree.org www.altrusa.com

KEYNOTES

October 2007

“The Future belongs to those who believe in the beauty of their dreams” Eleanor Roosevelt”



President’s Corner:

We’re off and running!

Our yard sale was a big success. We made well over \$500, thanks to all of your hard work. It was a beautiful day and the customers were starting to roll in as everyone set up the goods for sale. Some of you started out with the setup, while others stayed all day selling merchandise, while others took down and hauled away what was left over.

Speaking of leftovers, we also managed to donate the leftover goods to several charitable organizations that will make good use of them. Many thanks to our members who took the items after the sale and donated them to good causes.

Now we are getting ready for Make a Difference Day on October 27 at the Great Oaks Children’s Village. Please let Martha Kirby know if you can volunteer your time on that day or donate books, food, and anything else she needs to make the party a big success.

We are also getting geared up for our annual Stein Mart event to be held on November 18. This year, we will be at the Stein Mart in Casselberry. Tickets are on sale now, so get yours, and sell some to family and friends. If you can volunteer to help out, please get in touch with Tammy Douglass.

Finally, our environmental project is going well. So far we have recycled 81 books, 26 magazines, 5 CDs, 36 videotapes, and two children’s jigsaw puzzles. I still have plenty of magazines in my garage to distribute and will get them out this week or next, thus bringing up that count. We must never forget these in-kind donations that help keep used items out of the landfills while benefitting others. Thanks to all of you who brought your books and magazines to the last meeting.

We are doing great things for our community. Keep up the good work, and keep doing it with Altrusiasm!

Your President,

Allie Myers

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INTERNATIONAL NEWS:

The Altrusa International Foundation is a not-for-profit, philanthropic corporation established in 1962 by Altrusa International, Inc. The Foundation is dedicated to improving economic well-being and quality of life through a commitment to community services and literacy.

Today, the Foundation has expanded to provide the following:

Foundation Grants Program: Through this program, the Foundation provides assistance to individuals and helps Altrusa clubs carry out their independent programs of community service, with funds for vocational assistance, graduate school assistance to international students from developing countries, literacy projects, and community service projects sponsored by local Altrusa clubs.

Grants range from \$250 to \$1,000, based on need and funds available, and are subject to specific selection criteria. Applications for the grants are available only through local Altrusa clubs, and individuals and projects must be sponsored by an Altrusa club.

Foundation Endowment Fund: This is the Foundation's legacy to future generations of Altrusans and the communities they support. Contributions to this fund will ensure the ability of Altrusans to be good citizens in their communities.

Interest income from the Endowment Fund is used to fund the Altrusa International ASTRA Club awards and the Letha H. Brown Literacy awards. Interest income also funds the Foundation's own Community Leadership Award for natural disasters with swift, direct aid anywhere in the world.

Club 21 Program: Established in 1997, this program supports children with HIV and AIDS.

For more information on the International Foundation, visit the International web site at www.altrusa.com and click on the "Foundation" heading on the left-hand side of the home page.

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District Three News:



The next District Conference will be held from April 3 through 5, 2008 in Charlotte, NC at the OMNI Hotel. The hotel is located in Downtown Charlotte with plenty of shops and restaurants located within walking distance. There is also a trolley service to take you around town.

At the District Conference this past year in Gainesville, FL, those attending requested that District use more money to benefit members at future conferences. As a result, the registration fee will be \$185. Also, first-timers will pay \$25 less to register and there will be no fee for Fun Night.

Reservations this time will be limited due to many other events going on that weekend, so if you plan to attend, make yours as soon as possible. With the limited number of reservations, it's not too early to decide whether or not you plan to attend.

More information about the conference will be in the District Service Bulletin coming out at the end of October.

If you have never attended a District Conference before, Charlotte is not that far away, and you will get a chance to meet other members in our district, learn more about how District operates, and have a bunch of fun in the process.

For more information about the conference, go to the District Three web site at: www.districtthree.org. Click on "Conference 2008." On the following page, click on "Altrusa International of Charlotte, NC." On the right-hand side of the page, there is information on the City of Charlotte, a hotel reservation site, and a summary of the conference schedule of events.

Remember, it's not too early to start thinking about attending. Don't wait until the last minute!

Altrusa Orlando-Winter Park News

October - What a busy meeting we had this

month! Allie Myers presented Sharon Moultrie from the Center for New Directions with a check for \$1,380 from the proceeds of the Tea for Twenty. Sharon thanked the club and provided a description of the New Directions Program which operates from the campus of Seminole Community College. Those who qualify for the program fall into two categories: displaced homemakers (35 years of age or older) and



Sharon Moultrie

single parents (from 17-34 years of age) who are seeking a degree in a non-traditional career for their gender. Admission to the program is limited based on funding availability, so our check will be put to good use. For more information about this program, visit www.scc-fl.edu/newdirections

Carol Halliburton introduced the guest speaker for the evening: Claudia Casey with Vitas Hospice. Claudia has been with Vitas Hospice for over 8 years and is currently serving as a marketing representative for the organization. Vitas Hospice is the oldest and largest Hospice organization in Central Florida offering services to terminally ill patients and their families. Claudia said that one of her challenges is to educate the public and medical community about the services offered through Vitas Hospice so that more patients in need can benefit from these services. She applauded our charitable work since Florida currently ranks 45th out of 50 states in volunteerism. For more information about this program, visit www.vitas.com or claudia.casey@vitas.com.



Claudia Casey

KEYNOTES



THINK GREEN
THINK GREEN

At this month's meeting we also discussed various ways we can all help protect our environment.

- ✚ Switch to Compact Fluorescent Light Bulbs (CFL's). Qualified bulbs use about 75% less energy than standard incandescent bulbs and last up to 10 times longer. For more information, go to www.energystar.gov.
- ✚ Recycle magazines and books we've finished reading by bringing them to our monthly meetings. They'll be donated to hospitals, nursing homes and schools.
- ✚ Buy reuseable canvas bags to bring groceries home from the store. Plastic bags can take anywhere from 15 to 1,000 years to break down in the environment and plastic bag litter is lethal to marine life.

Yard Sale Results

By Allie Myers



Our yard sale, held on Saturday, October 13, was a success in many ways. We not only made money, but we all got together, had some fun and made donations to several organizations in our area.

First of all, we netted over \$500.00 for our Foundation. The breakdown is as follows. We grossed \$559.66. The newspaper ad cost approximately \$25.00. We don't have the full cost yet. This leaves us with an estimated net of \$534.66 that we earned for our Foundation!

We also sold a few of our cookbooks and this money goes to our Foundation as well.

But this isn't all. Many charitable organizations benefited from the goods that didn't sell. The leftover items were donated to the following:

Dress for Success—Jewelry

Elks Club—A wooden table
 Goodwill—Household items and clothes
 Habitat for Humanity—Household items
 Heart of Frances— A copier/printer and household items
 Russell Home for Atypical Children— Household items
 Winter Park Library—Books



Special thanks go out to Carol Thomas for coordinating the event, to Peggy Wolford and her husband, Michael, for working with the Elks Club to secure a date and get tables for us, to Toni Dedik for being our “money person,” and to Linda Wright and Ann Prince for baking goodies from our cookbook and handing out samples.

Thanks to Helen Mize, Cheryl Malloy, Martha Kirby, Betsy Sushinsky, Carol Halliburton, Carol Denton, Maryanne Kravitz, Roberta Klusmeier, Anita Hope and Jean Campbell for bringing items and helping out with the sale and for taking the leftover items to various charities.

And finally, we can't leave out our wonderful friends and family members who pitched in and helped. They are:

Don Wright (Linda Wright's husband)
 Sam Thomas (Carol Thomas's son)
 Glenn Campbell (Jean Campbell's husband)
 Jack Myers (Allie Myers's husband)
 Lou Williams (Anita Hope's friend)
 Linda Rann (Betsy Sushinsky's neighbor)
 Letty Ginther (Betsy Sushinsky's neighbor)

Sincere apologies go out to anyone who helped and didn't get mentioned in this article. There were so many people coming and going that it was hard to keep track of them all.

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What a wonderful group effort that made the day both fun and profitable!



HOLIDAY HINTS

Gift Wrap - If you would still like to sell gift wrap, please contact Roberta Klusmeier. She has the catalog from Innisbrook. Roberta's e-mail address is gators1307@aol.com. The first order was placed after the October 4th meeting and will be delivered in November. Orders can still be placed for delivery in December.

See's Candy - If you would like to sell See's Candy, please contact Mary Kay Chester so she can get a brochure to you. Her e-mail address is Mary_Kay_Chester@juno.com.

Cookbooks – Consider sending a cookbook to family and friends for Christmas. They come in a neat little envelope and only require two stamps to mail. We could add some glitter paint to the palm tree on the cover so it looks like ornaments!

Cookbooks are free with a \$5 donation to our Foundation. Donations to the Foundation are tax deductible. Send an e-mail to Linda Wright at lwright@cfl.rr.com and she'll put some in the mail to you.

BETA / STEPS HOLIDAY PARTY:

Plans are now under way for the BETA/STEPS party to be held during the first part of December. For those of you who don't know about this event, our club holds a holiday party every year for the residents of the Birth, Education, Training, and Acceptance (BETA) House and for the ladies in the STEPS Program (a drug rehab program). In the past, the ladies from STEPS have come over to the BETA House to share some food,



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singing and an afternoon of fun with the residents there.

Please continue to collect your toiletries and bring them to the November meeting. More information on the date and time will come via e-mail.

If you plan on attending or if you can contribute in any way by bringing food, napkins, tablecloths, decorations, etc., please let Sharon Blake or Allie Myers know. This is normally a pizza and pot luck lunch.

Make plans now to attend a fun party for two very worthy causes!

Calendar of Upcoming Events:



October 29, 2007-

Altrusa Board Meeting – Law Offices of Dean, Ringers, Morgan & Lawton, 201 E. Pine St., Suite 1200 – 6:00 pm.

November 7, 2007-

Altrusa General Meeting - Gentry's Restaurant, 4120 S. Orange Ave, just south of Michigan – 6:00 pm.

Accessible by taking the Michigan exit off of I-4, go east to Orange Ave. and turn right. For more specific directions, please call the restaurant at (407) 856-5188.

Remember to bring to the meeting toiletries for the gift bags for the BETA / STEPS Party as well as more books, magazines, tapes and CD's for our environmental project.

November Birthdays:

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Connie Washam	2
Helen Mize	10
Judy Myers-Nelson	22
Dr. Etta McCulloch	23

Committee Reports:



LITERACY COMMITTEE

Chair: Martha Kirby

REMINDER:

“Make a Difference Day” - Saturday, October 27, 2:00 PM, at Great Oaks Village, a foster care group home, located at 1718 E. Michigan St., Orlando. See you there.



COMMUNITY SERVICES

Chair: Tammy Douglas

STEIN MART SHOPPING EVENT – Join your fellow Altrusans for this *fun* fund raiser on Sunday, November 18th, at the Stein Mart located in Casselberry at the intersection of Semoran Blvd. (S.R. 436) and Howell Branch Rd. If you didn't get tickets at the October 3rd meeting, call Altrusa at (321) 689-5822 or email Tammy Douglass at tdougl@msn.com.



VOCATIONAL SERVICES

Co-Chairs: Ann Price & Helen Mize

At the November meeting, Kim Bignon, of Organizer U, will provide us with information on New Start 4 Single Moms. The program was piloted by the First Baptist Church in Orlando and is now offered nationally.

The Tea for Twenty will be held on Saturday, February 23. Further details will be forthcoming.

Minutes for October General Meeting:

ALTRUSA INTERNATIONAL OF ORLANDO-WINTER PARK
GENERAL MEETING
October 03, 2007
Gentry's Restaurant, 4120 S. Orange Ave., Orlando, FL 32806

CALL TO ORDER: Allie Myers called the General Meeting to order at 6:05 pm.

MEMBERS IN ATTENDANCE: Linda Bond, Barbara Brown, Mary Kay Chester, Lida Coffman, Candy Dawson, Toni Dedik, Carol Halliburton, Anita Hope, Michelle Jones, Martha Kirby, Roberta Klusmeier, Maryanne Kravitz, Cheryl Malloy, Helen Mize, Allie Myers, Betsy Sushinsky, Carol Thomas, and Linda Wright.

MEMBERS ABSENT: Maureen Bergondy-Wilhelm, Debbie Berry, Sharon Blake, Jean Campbell, Carol Denton, Sandy Drake-Caldwell, Tammy Douglass, Leslie Dubow, Liz Finley, Chris Gennaro, Florence Lamborn Johnson, Dr. Etta McCulloch, Judy Nelson, Margot Perez-Rios, Ann Prince, Nancy Rapport, Patricia Tobin, Mary Trier, Connie Washam, and Peggy Wolford.

GUESTS: Jody Goostree from "Keep Orlando Beautiful"; Sharon Moultrie, Program Coordinator for New Directions; and Claudia Casey from Vitas Hospice.

ALTUSA ACCENT:

Allie Myers provided the Altrusa Accent by highlighting Governor Linda's request that clubs periodically provide a list of random acts of kindness performed by members. Allie circulated a sheet on which each member recorded one or more random acts of kindness for the month of September.

MINUTES: Minutes from the September General Meeting

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appeared in the Newsletter. There were no additions or corrections voiced and the minutes were approved as submitted.

TREASURER'S REPORT: Linda Wright reported that the Project Account balance was \$2,949.56, and the Operating Account balance at \$11,094.10. The 50-50 Drawing Account contained \$198.00. The treasurer's report was approved as read.

CORRESPONDENCE:

- A thank you from A Gift for Teaching for our recent donations.
- A newsletter from the Adult Literacy League

PRESENTATION:

Allie Myers then presented Sharon Moultrie from the Center for New Directions with a check for \$1,380 from a club fund raising activity.

ANNOUNCEMENTS:

- Mary Kay Chester distributed brochures for See's Candy and said that she will be placing an order by November 10th so that the products will be back in early December.
- Robert Klusmeier said that she is still accepting orders for Innisbrook gift wrap. She has additional catalogs and members can email orders to her.

PROGRAM:

Carol Halliburton introduced the guest speaker for the evening: Claudia Casey with Vitas Hospice.

COMMITTEE REPORTS:

Literacy: Martha Kirby went over the plans for "Make a Difference Day" which will be held on 10/27/07. Martha said there will be about 50 children, with 30 of them 9th Grade and up. The plan is to have the children decorate bags that we will then provide to the Children's Advocacy Center. The service of a storyteller has also been obtained from the library and Martha will be sending out an email requesting assistance with snacks and drinks. Roberta Klusmeier volunteered to coordinate filling goody bags for each child with donated activity and reading books.

Community Services: Allie Myers announced for Tammy Douglass that the Stein Mart event would be 11/18/07. Toni Dedik had tickets that could be picked up after the meeting. This year the Stein Mart in Casselberry (at the old Butler Plaza) is where the event will be held. Tammy has sent out an email requesting assistance.

Vocational Services: Helen Mize said that the November speaker will be Kim Bignon who will discuss the New Start 4 Single Moms program sponsored by the Orlando Baptist Church. In addition, Helen said that the Oviedo Women's Club will be the location for the Tea this year on February 23rd.

UNFINISHED BUSINESS:

- BETA/STEPS Christmas Party : Allie Myers said that a date has not been set yet for the BETA/STEPS Christmas Party but that it is not too soon to start bringing in toiletry items for the gift bags. Sharon Blake is organizing this

event but is away on travel. Maryanne Kravitz volunteered to coordinate the collection of toiletry items and the assembly of the gift bags. Toni Dedik offered to assist.

- **Yard Sale:** Carol Thomas said that Peggy Wolford's husband, Mike, would be at the Elks Lodge at 7:00 a.m. on October 13th to start the set up. The Sale will run from 8:00-4:00 and a sign-up sheet was circulated. Carol also mentioned that the Elks were doing a BBQ lunch that day that we could enjoy.
- **PACE Holiday Sponsors:** Linda Wright said that she had talked with Charity and additional information will be available mid-October about the families. That should be ample time for us to shop for presents prior to the December 18th deadline for delivery. Linda said that her office had also decided to sponsor a family and Anita Hope's company had volunteered as well.
- **Networking Meeting:** Allie Myers said that Sharon Blake (4432 Little Water Street, Orlando, FL 32817, phone 407/325-6068) is hosting the next Networking Meeting on October 18th at 6:30 pm. Please RSVP.
- **Archives:** Allie Myers mentioned that an initial meeting was held at Anita Hope's to sort through club records. The idea was to first assemble everything in one place, get rid of duplicates, identify items for assembly into new scrapbooks, and gather all meeting minutes and newsletters for digitizing. Allie now has a log of who has what and we will continue to consolidate the files and look for storage solutions. Linda Bond mentioned that the Historical Museum is where some of Grace Sanford's records have been stored. Allie said that she had paid a visit to them and will put some info together for display. Additional discussion is needed before determining an appropriate warehousing solution.
- **Nominating Committee:** Betsy Sushinsky said that the committee will be meeting soon to formulate a plan.
- **Environmental Project:** Allie Myers explained that we are expanding our magazine collection activities to include books as well. She encouraged members to bring these to the next meeting for recycling to hospitals, nursing homes, schools, etc. Candy Dawson added that she had recently attended a seminar about efforts to preserve the environment. She demonstrated a green reusable bag that she had purchased at Publix for \$1.49 in which she carried magazines for recycle. Candy asserted that the one renewable energy source that will save our planet is passion and encouraged everyone to be more conscious of what they could do to make a difference.

NEW BUSINESS:

- **Mentorship Program:** Allie Myers said that a discussion at the last Board meeting centered on mentorship. Traditionally, the sponsor for a new member has assumed the responsibility of mentoring. After some discussion, it was decided that any new member who feels that they need additional orientation should contact Allie and she will make arrangements.
- **Grace Sanford Book:** Linda Bond announced that she had copies of her recently completed book available at cost for \$21.00 (\$5.00 of which will be donated to Grace's scholarship fund).

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- Linda Wright said that we had made \$780 from cookbook sales so far, so everything earned at this point was profit. Linda plans to make a couple of recipes as samples to encourage additional purchases of the cookbooks at the yard sale. She encouraged other members to contribute samples of their recipes as well.
- Linda Wright also mentioned that she had been exploring the Yahoo Group and had come across a search engine, like Google, at www.goodsearch.com. This site will donate .01 to a designated charity (our club is listed) for each time the search engine is used.
- 50-50 drawing totaled \$18 and Maryanne Kravitz was the lucky ticket holder.

NEXT SCHEDULED MEETING: Wednesday, 11/07/07, at 6:00 pm at Gentry's Restaurant, 4120 So. Orange Ave., Orlando, FL 32806.

ADJOURN: There being no further business to conduct Allie Myers adjourned the General Meeting at 8:00 pm.

Respectfully submitted,

Cheryl A. Malloy
Recording Secretary

KEYNOTES is a monthly publication of Altrusa International of Orlando-Winter Park. Please send information for upcoming editions by the 15th of the month to: Maryanne Kravitz, Editor, mkravitz42@hotmail.com or call at 407-852-7727.

President: Allie Myers
ajmyers@fedex.com

Vice President: Martha Kirby
mkirby@cranerental.com

Treasurer: Linda Wright
lwright@cfl.rr.com

Recording Secretary: Cheryl Malloy
cmalloy@drc.com

Board Director: Toni Dedik
tdedik@hotmail.com

Board Director: Pat Tobin
ptobin@cfl.rr.com

Foundation President: Betsy Sushinsky
sushinsky@juno.com

Foundation Treasurer: Anita Hope
delphi50@earthlink.net