

# ALTRUSA



*International, Inc. of Orlando~Winter Park*  
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[www.altrusa-orlando.org](http://www.altrusa-orlando.org)   [www.districtthree.org](http://www.districtthree.org)   [www.altrusa.com](http://www.altrusa.com)

## KEYNOTES

## February 2007

*“The Future belongs to those who believe in the beauty of their dreams” Eleanor Roosevelt”*



### President’s Corner:

Hello Everyone,

Soon we will be rid of all the cold weather and experiencing warmer days—and with spring comes some exciting events:

It will be time to look at our slate of officers for the Fiscal Year 2007-2008. If you have been considering holding a club officer position, now is the time to speak up. Please let me, or any of our board members (Martha Kirby, Cheryl Malloy, Anita Hope, Pat Tobin, Toni Dedik, and Linda Wright) know what position you might be interested in. If you are not clear on what our officers do, please don’t be afraid to ask. Descriptions of the various offices are also listed in your Altrusa Encyclopedia. Perhaps you might want to shadow one of the officers and learn what they do so you have a better understanding of the job at hand. The vitality of our club depends upon our future leaders.

It’s also time to sign up for the District Three conference which will be held this year in Gainesville, Florida from April 26 through April 28, 2007. Since Gainesville is only a couple of hours up the road, this is an excellent opportunity to go and see what the District conferences are all about. It’s a chance to re-energize and see what goes on outside of our club. There are seminars, celebrations, and opportunities to meet other Altrusans in our district. If you have never experienced a conference outside of the one we held here in Orlando, I urge you to go and see how others do it. I guarantee you will learn something.

In addition, don’t forget our March meeting. This meeting is devoted to the Eleanor J. Matthews art scholarships. I always find it exciting to see aspiring artists display their work and talk about their future plans. It’s very rewarding to know that the Orlando-Winter Park Altrusans can help make their future brighter.

We will also have a special guest at this meeting—Governor Cindy Schad, our District governor, will be attending to speak to us. If you haven’t met her, prepare to be pleasantly surprised. She is both a warm and energetic person, and a wonderful person to get to know. Don’t miss this great opportunity to come and meet her.

In closing, I would like to say, see you at District Conference, see you at our next meeting, and hopefully see you as an officer in the upcoming years!

Your President,

Allie Myers

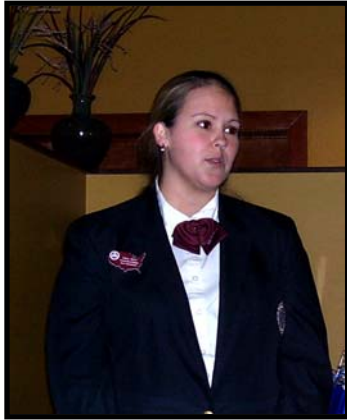
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**Altrusa Orlando-Winter Park News:**

*February's* meeting was once again held

at Louie and Maria's Italian restaurant. Our meeting was blessed with two special guests. Ashley Moree who is the National Health and Occupational Services Association (HOSA) Post-Collegiate Board Representative who has benefited from our club's support to the HOSA scholarship fund. Ashley provided a brief history of the organization which is dedicated to promote the development of health care professionals. Ashley has been affiliated with HOSA since high school and throughout the completion of her college degree from Indian River Community College. She is now employed by Premier Physical Therapy that continues to support her HOSA speaking engagements at various Florida high schools. Feel free to visit the following web sites for more information on HOSA. ([www.HOSA.org](http://www.HOSA.org) or [www.FLHOSA.org](http://www.FLHOSA.org))



Charity Frankowski from PACE Center for Girls extended a thank you to our club for supporting last year's Spring Fling with donated formal dresses, accessories, and party decorations. Charity provided an overview of the PACE program of education, counseling, training, and advocacy that boasts a 94% success rate of keeping girls at risk out of the juvenile justice system. The Orlando PACE Center can accommodate 55 girls who generally attend high school classes at the PACE facility for 1-2 years and then return to public school where they receive up to 3 additional years of counseling. According to Charity, "our girls are not bad girls, they are girls that bad things have happened to" and PACE provides the kind of individualized attention at the right time to help



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them through the rough spots. Although the majority of funding for PACE comes from Federal, State, and Local grants, they need to raise about 16% of their own funding from civic minded organizations like Altrusa. Charity also provided a wish list of items (toiletries, diaries, etc) that are always in need, and highlighted volunteer opportunities for tutors. Charity was able to take with her this evening 3 Prom gowns and make-up to kick off this years Prom donations. For more information please visit the web site. ([www.pacecenter.org](http://www.pacecenter.org))

### Calendar of Upcoming Events:

**February 26, 2007** – Altrusa Board Meeting, at Attorney's Dean, Ringers, Morgan & Lawton office, 201 East Pine Street, Suite 1200. 6pm.

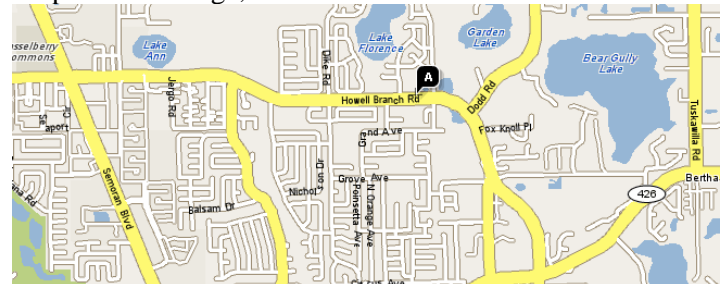
**March 7, 2007-** Altrusa General Meeting at Elks Lodge, 4755 Howell Branch Road, Winter Park 32792. 6pm.

### March Birthdays



Cheryl Malloy	3
Carol Denton	5

### Map to Elks Lodge, 4755 Howell Branch Road



### Vocational Services Special Thanks:



**Linda Blake as our very own Cupid!**

A heartfelt thank-you for helping to make our Tea a huge success. We had a very nice turn-out and I know everyone left with full tummies as well as a full heart. The donations for the baskets, food, decorations and tickets from non-attendees was truly Altruistic!

We should all be very proud that we will be able to donate over \$2300.00 to the HOSA foundation. It was a record fundraising tea!

A special thank-you out to Dianne Goigel for making the arrangements for us to use the Fairwinds Facility. We couldn't have done it without you!

Everyone who was involved helped to make it a success but a very special note of appreciation to Carol Thomas for the decor, all the table sponsors, Terry Pass for the Auction, Jean and Anita for greeting and taking care of our money, Linda B and Carol T for the history of Valentines, my co-chair Lida for all your help and ideas and to all who generously brought the brunch items and donated baskets. When Altrusans work together, magic happens!

You are the best!  
Pat Tobin, Committee Chair

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### Altrusa International Convention Committee:

International Convention to be held here in Orlando from July 13-16 at the Disney Contemporary Hotel. Carol Denton discussed a need of volunteer's as expeditor's will be needed during the convention. To be recognized, either hats or scarves or pins were suggested to be worn by the expeditors. Any ideas or suggestions are being welcomed.

### **2007 District Three Conference:**

Registration for the 2007 District Three Conference is under way. The conference will be held April 26-28 at the Paramount Hotel in Gainesville, Florida. The registration fee will be \$180.00, which includes a fun night. Clubs will receive a \$25.00 reward for each new member who registers for the conference, so all of you new members come to the conference and help out your club. For all others, Gainesville is only a couple of hours up the road, so this one will be easy to attend. If you have never been to a District Conference, it is an invaluable chance to learn more about Altrusa and a good chance to meet other Altrusans in our District.

### **Food Drive Announcement:**



Altrusan Jennifer Franklyn owner of Curves in three locations in Orlando and Winter Park is sponsoring a food drive to replenish local Food Bank's. Be sure to view the attached flyer for more information located on the last page of this newsletter. Thanks Jennifer!

### **Special Altrusan Announcement:**

Linda Bond announced that she was donating to our Altrusa club a copy of the book that she had been writing. The book entitled "Their Lives Were Music" is the historical biography of Charter - 1992 Emeritus Altrusa member Grace Sanford and husband Harold. Both highly trained in music. Grace had 5 music degrees, Harold had at least 3. The story starts with Grace's father, who was an inventor. Grace was born in 1904. Her mother encouraged her musical talent at an early age. Grace was a soprano soloist and pianist. She saved every program she ever performed. Follow Grace as she studies aboard. All the wonderful pictures of the world in the turn of the century. She and Harold were known for their concerts for two pianos and the music they wrote. They moved to Florida in 1951 and opened a studio in their home. Grace was a voice coach and Harold taught piano and organ. They both were very involved with the Florida Federation of Music Clubs and had many award winning students. It was there I met the Sanfords. The story tells of my relationship with Grace as I take care of her the last 9 years she lived. She passed away on Valentine's Day 2003 at 98 ½. I opened the web site [www.HaroldandGrace.com](http://www.HaroldandGrace.com) on 2004 to honor Grace. I also joined Altrusa in her memory that year. They are the first documented musicians -composers of Winter Park. Grace's portrait hangs in The Winter Park Historical Museum on permanent display.

*Cheryl A. Malloy*

### **Altrusa Accent:**

ALTRUSA INTERNATIONAL FOUNDATION ,  
INC.

At the February meeting the club voted to make a contribution to the International Foundation by doing a small fund raising project at each meeting. Some members had questions as to how the contribution would be used.

Since its establishment as a charitable corporation in 1962 the Altrusa International Foundation has committed to the service goals and objectives of Altrusa. Its purpose is to be an avenue by which Altrusans can help Altrusa clubs and other worthy organizations carry out community service programs throughout the world. Voluntary contributions from

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Altrusa members, Altrusa clubs, and the general public provide funding for the Foundation's programs.

Through the Foundation Grants Program for instance, the Foundation provides assistance to individuals and helps Altrusa clubs carry out independent programs such as vocational assistance, equipment purchases for start up businesses, books for libraries, support for local literacy councils, projects that support battered women, the elderly, underprivileged children, etc. Grants are based on need and funds available and are subject to specific selection criteria.

Lots more information regarding the Foundation's programs can be found in the Altrusa International Encyclopedia.

### **Spotlight on an Altrusan:**

**MARTHA KIRBY**

Martha is a native Floridian, born in Deland Florida and a central Florida resident all her life. She and her husband James (Jimbo) celebrated their 29th anniversary January 14th. Their daughter Abigail is thirteen.

Her career with Crane Rental began 28 years ago. She says she grew up with the business and is proud of how well it has done. When she joined the company there were 2 cranes #101 and #102; they recently purchased #321.

Martha is the Vice President of Finance and also serves as Secretary and Treasurer. Her favorite thing about her job is interacting with customers and coworkers; the least favorite is collecting late payments from customers.

For relaxation Martha enjoys getting lost in a murder mystery or spy novel. She loves to travel and likes spending time outdoors walking nature trails and visiting beautiful gardens. Daughter Abigail also keeps her busy with her Girl Scouts activities, and band and orchestra at school.

Singing in her church choir is a recent addition to Martha's life and she's enjoying that very much.

Her sister Diane, a club member before moving out of the area, invited Martha to a Altrusa meeting a few years back and the rest is history.

She jumped

right in and hasn't looked back. She is the perfect example of the quote

"If you want something done ask a busy person to do it" We are

fortunate to have this dynamic, fun loving, giving woman as our Altrusa sister.

### **Minutes for February General Meeting:**

ALTRUSA INTERNATIONAL OF ORLANDO-  
WINTER PARK

GENERAL MEETING

February 05, 2006

Louie and Maria's, Orlando, FL

**CALL TO ORDER:** President Allie Myers called the General Meeting to order at 6:05 pm.

**MEMBERS IN ATTENDANCE:** Sharon Blake, Linda Bond, Barbara Brown, Mary Kay Chester, Liddy Coffman, Toni Dedik, Carol Denton, Carol Halliburton, Anita Hope, Martha Kirby, Cheryl Malloy, Allie Myers, Carol Phifer, Arlene Shaw, Betsy Sushinsky, Carol Thomas, Patricia Tobin, Peggy Wolford, and Linda Wright.

**MEMBERS ABSENT:** Maureen Bergondy-Wilhelm, Debbie Berry, Linda Blake, Jean Campbell, Kathy Chonody, Lisa Daniels-Wentz, Diane DeWolf, Tammy Douglass, Sandy Drake-Caldwell, Leslie Dubow, Liz Finley, Jennifer Franklin, Chris Gennaro, Diane Goigel, Roberta Klusmeier, Danielle Merket, Judy Nelson, Terry Pass, Barbara Radosky, Nancy Rapport, Margot Perez-Rios, Mary Trier, Connie Washam, BJ Watson, and Suzanne Weinstein.

**GUESTS:** Ann Prince (2<sup>nd</sup> visit) and Helen Mize (2<sup>nd</sup> visit) sponsored by Pat Tobin; Maryann Kravitz (1<sup>st</sup> visit) sponsored by Carol Denton, and our guest speakers, Ashley Moree from HOSA and Charity Frankowski from PACE.

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**MINUTES:** Minutes from the January General Meeting appeared in the Newsletter. There were no additions or corrections voiced and the minutes were approved as submitted.

**TREASURER'S REPORT:** Linda Wright reported that the Project Account balance was \$3,704.02 and the Operating Account balance was \$12,730.27.

Allie Myers mentioned that a Budget Meeting was held on 02/03/07. Providing financial support to the International Foundation was one topic that she was asked to present to the membership. Our Chapter's contribution would help to fund grants and award activities. After some discussion, Linda Wright made a motion to start a 50-50 drawing at each of our dinner meetings with 50% of the money collected going to the International Foundation and 50% going to the lucky winner that evening. Linda Bond seconded the motion and all approved.

### **CORRESPONDENCE:**

- A letter and pin from District thanking Carol Thomas for sponsoring Arlene Shaw for membership.
- A holiday greeting card from the Winter Park Library
- A thank you to Liz Finley from Valencia Community College for the club's sponsorship of the Eleanor J. Matthews awards
- A thank you from Orange County Head Start for our donation
- A holiday greeting card from A Gift for Teaching
- An announcement of the PACE donor appreciation event on 02/08/07 from 5:30 – 7:00 pm
- A thank you from BETA for our continued support
- A thank you from Captain Malissa Golubic for the package we sent to Iraq
- Email from Governor Cindy about the recent death of members in the Live Oak Chapter
- Email about the District Conference in Gainesville
- Another email from Governor Cindy about making a donation to recent storm victims in Lake County, FL
- An article from the Orlando Sentinel that

featured the Train Station with pictures of the decorations we placed at Christmas and mention of the flower beds we groom.

#### **COMMITTEE REPORTS:**

**Community Service and Literacy:** No formal reports were provided since the majority of our fund raising activities are now complete.

**Vocational Service:** Pat Tobin provided an update on the Tea For Twenty that would be taking place on 02/10/07. We are expecting about 70 people. The doors will be open at 8:00 am to decorate in a Valentine's theme and set-up the tables, but the event itself was planned to run from 10:30-12:30. Anita Hope will be developing a spreadsheet of members and guests so everyone was urged to send names to her. Pat was also looking for some volunteers to help with the clean up of the kitchen and taking down the decorations.

#### **UNFINISHED BUSINESS:**

- Allie Myers mentioned that a couple of places (Elks Lodge on Howell Branch and Steak and Ale, Maitland) were being investigated for the March meeting. After discussion, it was decided that the Elks Lodge would be a more central location. Martha Kirby will finalize arrangements and directions will be provided in the next Newsletter.
- Allie Myers said that our plans to pull together the club archives will be postponed until the summer to give everyone more time to gather records and memorabilia.
- Allie Myers provided an updated calendar as a reminder of important events in the coming months. She specifically highlighted the following items.
  - The International Convention is scheduled for July 13-16 (Friday to Monday) at the Disney Contemporary Resort. She mentioned that International acknowledged receipt of an article from Carol Denton about our Club Service Project, but we have not had a lot of communication as yet. Our club's primary role will be as expeditors to assist convention planners as needed. Allie asked that members note the dates and be ready to help out. There was also some general discussion about hats or other items

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that would help distinguish our club members/ expeditors from the participants. Carol Thomas offered to contact some of her Disney connections to see if they had any suggestions.

- The District Three Conference will be held April 26-28 in Gainesville, FL. Allie Myers said that there were funds available to support participation. Carol Denton and Judy Myers Nelson plan on attending.

#### **NEW BUSINESS:**

- Allie Myers said that some discussion had taken place at the Budget Meeting about the Garage Sale. Toni Dedik is going to look into whether we could have this at the Mark Street Senior Center which holds a rummage sale once a month. Carol Thomas volunteered to act as coordinator for the Sale.
- Linda Wright circulated a sample Cookbook that had been discussed as a potential fund raiser. The Cookbook would be limited to about 25 pages and convenient for mailing as a gift or packing as a take-home item from the convention or conference. Martha Kirby had some initial pricing estimates which appeared to be very reasonable and would allow about a 50% profit if we priced them at \$5. A Florida theme was discussed and members would be asked to donate recipes, e.g. Key Lime Pie, etc. Pat Tobin made a motion that we should pursue the Cookbook fund raising project that was seconded by Arlene Shaw. The motion carried unanimously.
- Additional items for sale at the Conference and Convention were discussed that included extra Dolphin pins and District Tote Bags.

#### **SPECIAL ANNOUNCEMENTS:**

Linda Bond announced that she is nearing completion of a book about Grace and Harold Sanford and plans to donate a copy to the club.

**NEXT SCHEDULED MEETING:** Wednesday, 03/07/07, at 6:00 pm at the Elks Lodge, located at 4755 Howell Branch Road, Winter Park (407-678-3181)

**ADJOURN:** There being no further business to

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conduct Allie Myers adjourned the General Meeting  
at 8:10 pm.

Respectfully submitted,

Cheryl A. Malloy  
Recording Secretary

## **KEYNOTES**

KEYNOTES is a monthly publication of  
Altrusa International, Inc. of Orlando-Winter Park.  
President Allie Myers. Editor: Carol Thomas. Please send  
information for upcoming editions by the 15th of the month to:  
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[kingrat@cfl.rr.com](mailto:kingrat@cfl.rr.com) or 407.595-8554

The Wild Workout Women of Curves want to invite you to Curves!

Curves is a 30 minute fitness and weight loss center designed for women of all ages. In 30 minutes you will burn fat & calories, increase metabolism, release stress, build lean muscle, increase bone density and have fun.

Curves is a Social & Cardio Club- we host social, health and charity events. Our next charity event is our Annual Food Drive- We are collecting for local food banks.

We have a **Ten Ton Goal**- you can help us reach our Goal!  
Enter to win prizes!

Right now is the best time to Join Curves March 1-10! If you bring in a bag of non-perishable food for charity- we will waive the service fee. **You can join for Free!**

**The monthly fee is \$34.00.**

Come in and try Curves. You will feel great on the inside and out!

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